

Serving the lower Hudson Valley for over 39 years

Spring/Summer 2016



Welcome Spring/Summer!!

*From the desk of the Community Resource Educator...

As we welcome Spring & Summer 2016, let's take a look back on the events that CPI participated in this year...

Important dates:

- March was TBI Awareness Month
- April was Autism Awareness Month
- May was Mental Health Awareness Month
- Purple Day for Epilepsy Awareness was March 26
- Epilepsy Awareness Week was May 18th - 24th

Upcoming:

- McCarthy Golf Outing on July 15th
- NEREG Conference in NJ on October 29th

Autism Awareness



Did you know?

- Autism now affects 1 in 68 children
- It is estimated that nearly 1/3 of individuals with ASD have seizure disorders (*Autism Speaks*)
- Many genetic disorders are associated with both epilepsy and autism (*UCLA Center for Autism Research & Treatment*)
- Autism is one of the fastest-growing developmental disorders in the U.S. and its prevalence is growing
- Autism costs a family \$60,000 a year on average
- Boys are nearly five times more likely than girls to have autism
- There is no medical detection or cure for autism

Of the total **National Institute of Health's** \$30.86 billion budget in 2012, only about half of one percent went directly to autism research.

For more information please go to www.austismspeaks.org

Summer Safety Tips:



- Stay well hydrated & drink a lot of water
- Wear sunscreen and make sure to reapply
- Stay with a partner/buddy when swimming
- Store your medicines at appropriate temperature
- Prepare a safety/crisis plan if traveling over the summer
- For more summer safety tips, go to www.epilepsy.com

Brain Injury Awareness



Each year, traumatic brain injuries (TBI) contribute to a substantial number of deaths and cases of permanent disability. A TBI is caused by a bump, blow or jolt to the head or by a penetrating head injury that disrupts the normal function of the brain. [TBI in numbers:](#)

Of the 1.7 million who sustain a TBI each year in the United States:

- 52,000 fatalities
- 275,000 are hospitalized
- 1,365,000 are treated and released from the ER

The number of people with TBI who receive no care is unknown.

The **Brain Injury Association of America (BIAA)** leads the nation in observing Brain Injury Awareness Month by conducting an awareness campaign in March each year. The theme for the 2015 to 2017 campaign is: **Not Alone.**

For more information about TBI go to www.biausa.org.

For information about the programs and services we provide for our TBI consumers, please go to our website at www.mycapabilities.org



St Valentine... the Patron Saint of Epilepsy

Information on the origins of St. Valentine's connection to epilepsy differs. Some accounts suggest he is connected to epilepsy because the name Valentine is similar to the German word for "fallen."

Epilepsy was once known as the "falling sickness" because some seizures caused a person to lose consciousness and fall. Still other legends propose that a 3rd century bishop named Valentine von Terni freed the son of a Roman orator from an epileptic seizure.

"The good news is medical research and an increasing variety of scientifically proven therapies have improved the lives of many people living with epilepsy. So remember that Valentine's Day is not just for lovers..." -*Epilepsy Foundation*

Purple Heart Project

In honor of St Valentine, the Patron Saint of Epilepsy, this year **Capabilities Partnership** supported the Purple Heart Project to help raise awareness for Epilepsy by giving out purple valentines. Let's help start a chain reaction of kindness and compassion while spreading Epilepsy awareness today and every day, but especially on Valentine's Day!



OPWDD Services & Vocational Dept.:



Capabilities Partnership has a vocational program that assists individuals with disabilities with job placement, job coaching and job readiness.

For more information: contact Lisa Fiore at (845) 627-0897 (x123)

CPI provides additional OPWDD services including Medicaid service coordination, assistance with navigating the "Front Door" and assistance with eligibility and benefits.

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Our Mission

The Mission of **Capabilities Partnership Inc. dba The Epilepsy Society of Southern New York** is to provide comprehensive services to people with epilepsy and other neurological, physical and developmental disabilities and their families for the promotion of independence and quality of life. All of our services and programs focus on activities which help the individual live independently in the community with dignity.

Our services include education and training, advocacy, vocational services, service coordination, and community independence training. We provide services under OPWDD's Home and Community Based Waiver Program, the Department of Health's Traumatic Brain Injury Waiver Program and through Access-VR. It is our goal to assist all individuals in these programs to reach their optimal growth potential.



Structured Day Program Corner

By Erin Drury, SDP Manager

Our day program wishes to take this opportunity to thank **Tim McCarthy, the McCarthy family and the McCarthy Fund supporters** for their continued generosity towards our Structured Day Program.

With the generous contributions made by the McCarthy family and their supporters, our program has been afforded the opportunity to host quarterly outings free of charge to our day program participants!

This March, we hosted a community outing to **P.F. Chang's Restaurant** in Nanuet, New York. Everyone enjoyed the beautiful restaurant setting, the delicious food and the warm company of others. A wonderful time was had by all!

From all of the staff of the SDP, thank you to all of our participants who joined us on this special day.

Our Structured Day Program runs every Monday, Wednesday, Thursday, and Friday from 9:30am-3:30pm. If you are interested in joining, please contact Erin Drury at: (845) 627-0627 (x157)



The McCarthy Fund

The **McCarthy Fund** is a special fund at CPI which is used to enrich our consumers' lives. It is used for special trips such as a recent excursion to the Westchester Broadway Theatre and for special parties such as our always fun Holiday Bashes! In addition, this fund sends some of our younger consumers to summer camps!

The McCarthy Fund is to honor *Chris McCarthy*, a long time consumer of our Agency who died suddenly. His family hosts an annual golf outing with the proceeds going to this special fund in Chris' honor.

The McCarthy golf outing this year will be **Friday July 15th** at **The New York Country Club, New Hempstead, NY.**

Thanks to Tim McCarthy, Rose McCarthy, The McCarthy Family and all of the supporters...We can't thank you enough!



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Privacy Notice

Your privacy is important to us. You can get a copy of our Privacy Policy on our website (www.essny.com) or by contacting us directly at **845-627-0627**.



Summer Art Contest

Send us your artwork that represents how having a disability makes you feel (all mediums accepted)...

All entries must be submitted to **Michelle Quinn** at mquinn@cpiny.org by **July 15, 2016 at 4:30pm.**

All artworks including winners will be posted on CPI's Facebook, Twitter and Pinterest pages! Follow us to see all the amazing artwork and more!

2015 Financial Summary (unaudited)

Rounded to Thousands	<u>2015</u>	<u>2014</u>
Revenue and Support		
Fees & Grants	\$1,918.8	\$1,739.6
Contributions & other support	\$4.9	\$18.5
Fundraising (including McCarthy Fund)	<u>\$54.4</u>	<u>\$53.1</u>
	\$1,978.1	\$1,811.2
Expenses		
Program Services	\$1,760.4	\$1,600.5
Support Services	<u>\$249.3</u>	<u>\$222.5</u>
	\$2,009.7	\$1,823.0
Decrease in Net Assets	-\$31.6	-\$11.8
Total Assets	\$601.5	\$624.3
Total Liabilities	\$121.8	\$113.1
Net Assets	\$479.7	\$511.2

For details on the audited financials or to review the IRS Form 990, please contact us at **845-627-0627**.

To donate

www.mycapabilities.org

845-627-0627

800-640-0371

To learn more

www.learnaboutepilepsy.org

Find us on